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**THE EPHESIANS EPISTLE**  
**“THE MANNER OF LIFE OF THE SAINTS”**  
**Ephesians 4:1-16**

**THESIS:** Everyone created new in Christ is to live a way of life that is pleasing to God and that life must result in Spiritual Perfection (2 Cor. 5:17-21; Mat. 5:48; Phil. 3:12; Prov. 16:7; Heb. 11:6).

**Introduction**

Here in chapter 4, it is learned saints/believers are to “walk worthy of the vocation wherewith you are called.” This is a call to all believers concerning their manner of life; a manner of life in accordance with what the Scripture declares; and it is a lifestyle as befits those who bear the name of “saints”. The vocation (GK. “*klesis*,” *calling*) is the calling wherewith the saint is called. This calling has the idea of God’s invitation to man to receive and accept the benefits of salvation (Rom. 11:29). Moreover, as the former sins (1 John 1:8-10) are forgiven and forgotten by God, so should one’s daily life be one of pursuing the peace and the holiness of God (Heb. 12:14).

**I The Lifestyle of the Saint (4:1-2)**

- A. One of Lowliness (Humbleness of mind)**
- B. One of Meekness (It is a temper of the soul)**
- C. One of Longsuffering (forbearance; self-restraint; patience)**
- D. One of Love (Christ is the perfect example)**

**II The Purpose of the Saints Manner of Life (4:3-6)  
is to keep the unity of the Spirit in the bond of peace.**

**There are seven (7) fundamental reasons which should motivate all saints to endeavor to keep the unity of the Spirit in the bond of peace:**

- A. There is only one body**
- B. There is only one Spirit**
- C. There is only one hope**
- D. There is only one Lord**
- E. There is only one faith**
- F. There is only one baptism**
- G. There is only one God and Father of all**

**III Every Saint is endowed with a Spiritual Gift (4:7-16)**

**Christ gives us grace to use our gift(s). Grace in v. 7 refers to strength, wisdom, love, concern, compassion, courage, inspiration, power, among others. Christ gives the gift(s). The saints lifestyle should demonstrate the gift, or gifts given by Christ to the Glory of God and Salvation of the unsaved.**

- A. The Gift has cost the greatest possible price**
- B. The Gift is Christ-centered**
- C. The Gift has a threefold purpose:**
  - 1. An immediate purpose:  
To equip others**
  - 2. An eternal purpose:  
To become a perfect man like Christ**
  - 3. A personal purpose:**
    - a. To no longer be children, immature**
    - b. To grow up in all things**
    - c. To do his part in building up the church**